

What I Like About You

Character Trait Activity

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How to participate in this activity:

This is a great activity to use to teach character traits, reinforce kindness, and foster a sense of belonging in the classroom, group, or within a family.

Have participants describe what they like about the other participants by using one or more character traits from the list and/or sharing a personal experience with that participant where their actions were appreciated.

*Discourage the use of negative character traits and experiences that might be hurtful or would create a disconnect in any participant.



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- | | | |
|---------------|---------------|------------------|
| Active | Curious | Kind |
| Admirable | Dedicated | Lively |
| Adventurous | Easygoing | Loving |
| Agreeable | Educated | Loyal |
| Amiable | Enthusiastic | Neat |
| Amusing | Ethical | Nice |
| Appreciative | Exciting | Optimistic |
| Athletic | Extraordinary | Organized |
| Authentic | Fair | Passionate |
| Benevolent | Firm | Patient |
| Brave | Focused | Peaceful |
| Bright | Forgiving | Playful |
| Brilliant | Friendly | Polite |
| Calm | Generous | Principled |
| Capable | Gentle | Reliable |
| Caring | Good-natured | Respectful |
| Charming | Grateful | Responsible |
| Cheerful | Happy | Self-disciplined |
| Clean | Hardworking | Selfless |
| Clear-headed | Helpful | Sincere |
| Clever | Heroic | Skillful |
| Compassionate | Honest | Strong |
| Confident | Hopeful | Sweet |
| Considerate | Humble | Thoughtful |
| Cooperative | Innocent | Trustworthy |
| Courageous | Intelligent | Understanding |
| Courteous | Inventive | Unselfish |
| Creative | Joyful | Wise |



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Who: Character Trait: By:



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